



Alpine Restaurant

11 FRANKLIN AVENUE
FRANKLIN SQUARE, NEW YORK

JUICES

FRESH OJ	SM. 2.95	LG. 3.95
APPLE JUICE	SM. 2.95	LG. 3.95
GRAPEFRUIT JUICE	SM. 2.95	LG. 3.95
TOMATO JUICE	SM. 2.95	LG. 3.95
PINEAPPLE JUICE	SM. 2.95	LG. 3.95

EGG WHITE OMELETTES

THE LIGHT HEARTED <i>baby spinach and turkey</i>	15.95
THE PROTEIN <i>grilled chicken and diced tomatoes</i>	15.95
THE ENERGY <i>mushrooms, asparagus and swiss</i>	15.95
THE BODY BUILDER <i>grilled chicken, broccoli, mushrooms and cheddar</i>	15.95
THE DOCTOR <i>baby spinach, mushrooms, broccoli and diced tomatoes</i>	15.95

Served with Fresh Fruit & Toast

OMELETTES

AMERICAN CHEESE OMELETTE	11.95
SWISS CHEESE OMELETTE	11.95
FETA CHEESE OMELETTE	11.95
MOZZARELLA CHEESE OMELETTE	11.95
PLAIN OMELETTE	9.95
BACON OR HAM OMELETTE	11.95
SALAMI OMELETTE	11.95
PASTRAMI OMELETTE	11.95
WESTERN OMELETTE	12.25
FARMER'S OMELETTE <i>tomato, sausages & feta cheese</i>	12.25
BROCCOLI OMELETTE	11.95
MUSHROOM OMELETTE	11.95
SPINACH & FETA OMELETTE	12.25
PEPPER & ONION OMELETTE	11.95
EASTERN OMELETTE <i>with mixed vegetables</i>	12.95
HAM STEAK & TWO EGGS	17.45
CORNED BEEF HASH <i>with one egg</i>	14.75
<i>with two eggs</i>	15.45

ABOVE SERVED WITH POTATOES & TOAST – EGG WHITES 1.50 EXTRA
ROLL, BAGEL, ENGLISH MUFFIN OR CORN MUFFIN 1.00 EXTRA
OMELETTES WITH CHEESE 1.50 EXTRA
LETTUCE & TOMATO 1.50 EXTRA

BREAKFAST WRAPS

COWBOY WRAP <i>scrambled egg, ham, pepper & onion</i>	13.95
GREEK WRAP <i>scrambled egg, spinach & feta</i>	13.95
ITALIAN WRAP <i>scrambled egg, sausage, peppers & onion</i>	13.95
FARMER'S WRAP <i>scrambled egg, feta, tomato & sausage</i>	13.95
VEGETABLE WRAP	13.95

scrambled egg, peppers, onions, tomato, broccoli, spinach, zucchini & mushroom

ABOVE SERVED WITH HOME FRIES
LETTUCE & TOMATO 1.50 EXTRA • CHEESE 1.50 EXTRA

BREAKFAST IN A BOWL

COLD CEREAL	5.95
OATMEAL	7.95
<i>with one fruit</i>	10.45
<i>with mixed fruit</i>	11.95
<i>with walnuts</i>	3.00 extra

TOAST & MUFFINS

BUTTERED ROLL	2.75
GOLDEN BROWN TOAST	2.00
TOASTED ENGLISH MUFFIN	2.75
CORN OR BRAN MUFFIN	2.75
BLUEBERRY MUFFIN	2.75

BAGELRY

TOASTED BAGEL	2.75
<i>with cream cheese</i>	4.25
<i>with nova scotia lox & onion</i>	13.95
<i>with nova scotia lox, onions & cream cheese</i>	14.95
LOX DELUXE	16.95

toasted bagel with cream cheese, nova scotia lox, lettuce, tomato, cucumbers and onion

FRESH COUNTRY EGGS

TWO EGGS, FRIED OR SCRAMBLED	7.45
<i>with bacon, ham or sausage</i>	10.45
THREE EGGS, FRIED OR SCRAMBLED	8.45
<i>with bacon, ham or sausage</i>	11.45
ONE EGG, FRIED OR SCRAMBLED	6.45
<i>with bacon, ham or sausage</i>	9.45
TWO EGGS, POACHED	7.95
<i>with bacon, ham or sausage</i>	10.95

ABOVE SERVED WITH POTATOES & TOAST
EGG WHITES 1.50 EXTRA • LETTUCE & TOMATO 1.50 EXTRA
ROLL, BAGEL, ENGLISH MUFFIN OR CORN MUFFIN 1.00 EXTRA

EGGS BENEDICT 15.95

two poached eggs on a toasted english muffin with canadian bacon and hollandaise sauce

EGGS FLORENTINE 15.95

two poached eggs, spinach & feta on a toasted english muffin and hollandaise sauce

STEAK AND EGGS 25.95

Roumanian Steak

GRIDDLE SPECIALTIES

PANCAKES (STACK)	9.95
<i>with bacon, ham or sausage</i>	12.95
SHORT STACK OF PANCAKES	7.95
<i>with bacon, ham or sausage</i>	10.95
CHOCOLATE CHIP PANCAKES	11.95
BANANA PANCAKES	12.95
APPLE CRUMB PANCAKES	12.95
BLUEBERRY OR STRAWBERRY PANCAKES	12.95
SILVER DOLLAR STACK	10.45
<i>with bacon, ham or sausage</i>	13.45
PANCAKES DELUXE <i>with sausage, bacon & ham</i>	14.95
WAFFLES	8.95
<i>with bacon, ham or sausage</i>	10.95
<i>with one scoop of ice cream</i>	10.20
<i>with two scoops of ice cream</i>	11.20

ADD EGG 1.50 EXTRA • ABOVE SERVED WITH BUTTER AND SYRUP

FRENCH TOAST

OLD FASIONED	8.95
<i>with sausage or bacon or ham</i>	11.95
BRIOCHE	9.95
BRIOCHE <i>with Banana, Strawberries & Nutella</i>	12.95
STUFFED: <i>Peanut Butter & Banana</i>	12.95
<i>Nutella & Strawberries</i>	12.95
<i>Apple & Cinnamon</i>	12.95

SKILLETTS

WESTERN	15.95
<i>with choice of cheese served with home fries</i>	
SCRAMBLED HASH	15.95
<i>with choice of cheese served with home fries</i>	
BACON CHEDDAR	15.95
<i>with choice of cheese served with home fries</i>	
VEGGIE	15.95
<i>with choice of cheese, zucchini, broccoli, spinach tomatoes served with home fries.</i>	
GREEK	15.95
<i>served with home fries spinach and feta</i>	
HEALTHY	17.95
<i>with choice of cheese, served with fruit salad on the side egg whites avocado baby spinach</i>	

ALL ABOVE SERVED WITH
HOME FRIES UNLESS SPECIFIED OTHERWISE
EGG WHITES 1.50 EXTRA

COLD SALAD PLATTERS

CAESAR SALAD	13.95
FRESH HOMEMADE TUNA SALAD	15.25
FRESH HOMEMADE CHICKEN SALAD	15.25
GRILLED CHICKEN OVER GREEK SALAD	19.95
GRILLED CHICKEN OVER CAESAR SALAD	19.95

CHOICE OF DRESSING

RUSSIAN, BLEU CHEESE, RANCH, HONEY MUSTARD, HOUSE VINAIGRETTE

THE FOLLOWING SALADS SERVED WITH COLE SLAW, LETTUCE,
TOMATO, HARD BOILED EGG & GARNISH

SANDWICHES

PASTRAMI	11.95
ROAST BEEF	11.95
BACON & EGG	8.45
FRIED EGG	6.95
HAM & CHEESE	10.95
WESTERN EGG SANDWICH	8.95
SLICED TURKEY, <i>all white meat</i>	11.95
GRILLED CHEESE	9.25
BACON, LETTUCE & TOMATO	9.95
HOMEMADE CHICKEN SALAD	9.95
HOMEMADE TUNA SALAD	9.95

ALL COLD SANDWICHES SERVED WITH LETTUCE & COLE SLAW
TOMATO 1.00 EXTRA • BACON 2.50 EXTRA • CHEESE 1.50

ALPINE WRAPS

FRESH TURKEY & SWISS WRAP	15.95
<i>with lettuce, tomato & Russian dressing</i>	
FRESH ROAST BEEF & AMERICAN CHEESE WRAP	15.95
GREEK SALAD & GRILLED CHICKEN WRAP	15.95
FRESH GRILLED VEGETABLE WRAP	15.95
TUNA SALAD WRAP <i>with lettuce & tomato</i>	15.95
CHICKEN SALAD WRAP <i>with lettuce & tomato</i>	15.95
SEAFOOD SALAD WRAP <i>with lettuce & tomato</i>	15.95
GRILLED CHICKEN, BACON, LETTUCE & TOMATO WRAP <i>with mayo</i>	17.95
BACON, LETTUCE & TOMATO WRAP	15.95
ITALIAN WRAP	16.95
<i>ham, salami, provolone cheese, lettuce & tomato with vinaigrette dressing</i>	

ALL WRAPS SERVED WITH FRENCH FRIES
SUB. GREEK SALAD 3.000 EXTRA

GOURMET SALADS

COBB SALAD	18.95
<i>with turkey, bacon bits, cheddar cheese, hard boiled egg over house salad</i>	
GRILLED CHICKEN	17.95
<i>with avocado and hard-boiled egg over romaine</i>	
ROUMANIAN STEAK	20.95
<i>over tossed salad with avocado</i>	
BROILED SALMON	20.95
<i>over tossed salad</i>	
CHEF SALAD	16.95
<i>with a hard-boiled egg</i>	
MEDITERRANEAN SALAD	16.95
<i>with gyro, feta cheese, green peppers, tomatoes and cucumbers over mixed greens</i>	
GRILLED SHRIMP	21.95
<i>over a greek salad</i>	

CHOICE OF DRESSING

RUSSIAN • BLUE CHEESE • RANCH • HONEY MUSTARD •
HOUSE • VINAIGRETTE

HOT PRESSED PANINIS

SERVED WITH FRENCH FRIES OR
SUB. GREEK SALAD 3.00 EXTRA

PLEASE ORDER BY NUMBER

#1 MEDITERRANEAN PANINI	17.95
<i>chicken breast, roasted peppers, mozzarella cheese & pesto sauce</i>	
#2 STEAK SUPREME PANINI	19.95
<i>roumanian steak, mozzarella cheese, mushrooms & brown gravy</i>	
#3 TURKEY PANINI	17.95
<i>fresh roast turkey, swiss cheese, bacon and Russian dressing'</i>	
#4 GARDEN PANINI	17.95
<i>grilled zucchini, eggplant, mushrooms, roasted red peppers and mozzarella cheese</i>	
#5 NEW YORKER PANINI	17.95
<i>pastrami, swiss cheese, sautéed onions and mustard</i>	
#6 ATHENIAN PANINI	17.95
<i>sliced gyro, feta cheese, tomatoes, onions and tzatziki sauce</i>	
#7 PARMIGIANA PANINI	17.95
<i>breaded chicken cutlet, mozzarella cheese and marinara sauce</i>	
#8 PHILLY-STYLE PANINI	17.95
<i>grilled roast beef, cheddar cheese, roasted red peppers, mushrooms and sautéed onions</i>	
#9 EGGPLANT PANINI	17.95
<i>fried eggplant, mozzarella cheese and marinara sauce</i>	



BEEF BURGERS

6 OZ. FRESH GROUND BEEF ON A BRIOCHE BUN

HAMBURGER	9.45	DELUXE 12.45
CHEESEBURGER	10.95	DELUXE 13.95
PIZZA BURGER	11.45	DELUXE 14.45
VEGGIE BURGER	10.75	DELUXE 13.75
TURKEY BURGER	10.75	DELUXE 13.75
GRECIAN BURGER	15.45	
<i>with French fries and greek salad</i>		
GRILLED CHICKEN ON A ROLL .	14.45	DELUXE 17.45
TWIN BURGER DELUXE	17.45	
TWIN CHEESEBURGER DELUXE	20.45	

ALL DELUXE BURGERS SERVED WITH LETTUCE, TOMATO, FRENCH FRIES, COLE SLAW & PICKLE

BURGER SPECIALS

ITALIAN BURGER	13.95
<i>peppers, onions and mozzarella</i>	
ATHENIAN BURGER	13.95
<i>feta cheese and tomato</i>	
COWBOY BURGER	13.95
<i>onion, bacon, mushrooms, and cheddar with barbecue sauce</i>	
PATTY MELT	13.95
<i>with grilled onion, american cheese on rye bread</i>	
ALPINE BURGER	13.95
<i>with bacon, cheddar and a fried egg</i>	

ALL ABOVE SERVED WITH FRENCH FRIES COLESLAW & PICKLES

TRIPLE DECKERS

1. SLICED TURKEY *bacon, lettuce & tomato* 13.95
2. CHICKEN SALAD *bacon, lettuce & tomato* 13.95
3. TUNA SALAD, SLICED EGG *lettuce & tomato* 13.95
4. ROAST BEEF *bacon, lettuce & tomato* 13.95
5. VIRGINIA HAM, SWISS *lettuce & tomato* 13.95
6. GRILLED CHICKEN *bacon, lettuce & tomato* 13.95

ABOVE SERVED WITH COLE SLAW & PICKLE

GYRO ON PITA

tomatoes, onions & tzatziki sauce 9.95
DELUXE with French fries & greek salad 17.95

CHICKEN GYRO ON PITA

tomatoes, onions & tzatziki sauce 9.95
DELUXE with French fries & greek salad 17.95

CHICKEN SOUVLAKI ON PITA

tomatoes, onions & tzatziki sauce 9.95
DELUXE with French fries & greek salad 17.95



Food photos are for suggestion only. Actual dishes may be different!

SIDES

ONION RINGS	5.95
FRENCH FRIES	4.95
SWEET POTATO FRIES	5.95
GREEK FRENCH FRIES <i>with feta and oregano</i>	7.95
LETTUCE & TOMATO	4.75
COLE SLAW	4.95
SIDE GREEK SALAD	6.95
SPAGHETTI	6.95
LEMON POTATOES	6.95

OUR FAMOUS GREEK SALAD

with lettuce, tomatoes, radishes, scallions, olives,
anchovies & feta cheese
SMALL 11.95 LARGE 13.95
extra feta cheese add 1.50

HOT OPEN SANDWICHES

HOT OPEN ROAST BEEF	18.95
HOT OPEN ALL WHITE MEAT TURKEY	18.95
HOT OPEN ROAST FRESH HAM	18.95

ABOVE SERVED WITH POTATO & VEGETABLE & GREEK SALAD OR LETTUCE AND TOMATO

APPETIZERS

HOUSE APPETIZER: <i>stuffed clam, spinach pie & stuffed mushrooms</i>	
FOR TWO	13.95
FOR FOUR	18.95
SAUTÉED BAY SHRIMP	(8) 8.95 (16) 13.95
FRIED CALAMARI	10.95
SPINACH PIE <i>with olives</i>	9.25
BAKED CLAMS (1/2 DOZEN)	10.95
JUMBO SHRIMP COCKTAIL (4)	11.95
BUFFALO WINGS	(6) 10.95 (12) 18.95
STUFFED MUSHROOMS <i>with crabmeat stuffing</i>	9.95
DOLMADES: STUFFED GRAPE LEAVES <i>(cold or hot)</i> ...	7.95
GARLIC BREAD	2.95
TZATZIKI SAUCE <i>with pita bread</i>	5.95
MOZZARELLA STICKS	7.95
ZUCCHINI STICKS	6.25
IMPORTED FETA CHEESE <i>with olives</i>	6.95
LOUKANIKO <i>greek sausage</i>	7.95
SAGANAKI KEFALOGRAVIRA <i>cheese</i>	8.95

APPETIZER COMBO 20.95

*mozzarella sticks, chicken fingers,
buffalo wings and zucchini sticks*

QUESADILLAS

CHEESE	13.95
CHICKEN	15.95
STEAK	17.95

SERVED WITH SOUR CREAM OR SALSA

GREEK SPECIALTIES

GREEK DELIGHT	19.95
<i>breast of chicken stuffed with spinach & feta cheese</i>	
<i>served with rice</i>	
SPINACH PIE	17.95
<i>served with rice</i>	
GREEK COMBO	18.95
<i>spinach pie, stuffed dolmades & lemon sauce with rice</i>	

BAKED PASTA

CHEESE RAVIOLI <i>with tomato sauce</i>	14.95
RAVIOLI PARMIGIANA	15.95
RAVIOLI <i>with meat sauce</i>	15.95
MANICOTTI OR STUFFED SHELLS	14.95
BAKED LASAGNA OR BAKED ZITI	15.95
<i>with meatballs</i>	17.95

ABOVE SERVED WITH GREEK SALAD OR SOUP



SOUPS

CUP 3.95 BOWL 5.95

soup du jour served with crackers

FRENCH ONION SOUP *in a crock* 5.95

SOUPS TO GO 16oz. 4.95 • 32oz. 8.95



HOUSE SPECIALTIES

EGGPLANT PARMIGIANA	18.95
CHICKEN CUTLET PARMIGIANA	19.95
HALF ROAST CHICKEN	17.95
ITALIAN COMBO <i>chicken & eggplant parmigiana</i>	19.95
STUFFED PEPPERS PARMIGIANA	17.95
SHRIMP PARMIGIANA	26.95

ABOVE SERVED WITH PASTA &
GREEK SALAD OR SOUP

SAUTEED SPECIALTIES

CHICKEN CORDON BLEU <i>with mushrooms and rice</i>	22.95	CALIFORNIA SUPREME	20.95
CHICKEN FRANCESE <i>with rice</i>	20.95	<i>tender breast of chicken sautéed with asparagus and red sauce, topped with mozzarella, served with rice</i>	
CHICKEN FLORENTINE <i>over spinach</i>	20.95	CHICKEN & SHRIMP STIR-FRY	23.95
CHICKEN & SHRIMP FRANCESE <i>with rice</i>	23.95	<i>with fresh vegetables over rice</i>	
CHICKEN & SHRIMP OREGANATO <i>with rice</i>	23.95	CHICKEN ALPINE	20.95
CHICKEN MARSALA <i>with mushrooms sauce & rice</i>	20.95	<i>tender breast of chicken, sauteed with broccoli and red sauce, topped with mozzarella, served with rice</i>	
CHICKEN SANTORINI	20.95	CHICKEN FESTIVAL	20.95
<i>filet of chicken feta cheese & fresh vegetables served with rice</i>		<i>boneless breast of chicken sautéed with fresh vegetables & lemon sauce with rice</i>	
FILET OF SOLE FRANCESE <i>with rice</i>	27.95		

ABOVE SERVED WITH GREEK SALAD OR SOUP

SEAFOOD SUGGESTIONS

BLACK MUSSELS	21.95
<i>with chef's tasty sauce, with pasta</i>	
SEAFOOD MARINARA <i>with pasta</i>	25.95
SEAFOOD FRA DIAVOLO <i>with linguine</i>	24.95
SHRIMP FESTIVAL <i>over linguine</i>	25.95

ALL ABOVE SEAFOOD SERVED
WITH GREEK SALAD OR SOUP

STEAKS & CHOPS

BROILED RIB EYE STEAK	35.95
ROUMANIAN STEAK	36.95
ROAST SIRLOIN OF BEEF AU JUS	19.95
BROILED CHOPPED SIRLOIN OF BEEF	18.95
WITH FRIED ONIONS	
BROILED CALVES LIVER <i>with onion or bacon</i>	19.95

ABOVE SERVED WITH POTATO & VEGETABLE &
GREEK SALAD OR SOUP

FRESH FROM THE SEA

BROILED

BROILED FILET OF LEMON SOLE <i>with rice</i>	29.95
BROILED FILET OF BOSTON SCROD <i>with potato & vegetable</i>	28.95
SHRIMP SCAMPI <i>with rice</i>	28.95

FRIED

FRIED FILET OF LEMON SOLE <i>With potato & vegetable</i>	28.95
FRIED JUMBO SHRIMP <i>with rice</i>	27.95
FRIED CALAMARI <i>with pasta</i>	23.95

STUFFED

STUFFED FILET <i>with crabmeat & rice</i>	28.95
BAKED STUFFED SHRIMP <i>with crabmeat & rice</i>	29.95
BAKED ATHENIAN FILET	28.95
<i>stuffed with spinach & feta cheese with rice</i>	
TWO COUSINS	26.95
<i>one fish filet stuffed with crabmeat & one chicken breast stuffed with spinach & feta with rice</i>	
BAKED STUFFED MUSHROOMS	20.95
<i>with crabmeat & rice</i>	
BAKED CLAMS <i>with pasta</i>	21.95

ALL ABOVE SEAFOOD SERVED • WITH GREEK SALAD OR SOUP



WINE & BEER

HOUSE WINES

RED, WHITE OR ROSE

BY THE GLASS	5.95
½ CARAFE	18.95
FULL CARAFE	24.95

ASK YOUR SERVER FOR BOTTLED WINE

DOMESTIC BEER 5.95

Bud, Bud Lite, Coors Light

IMPORTED BEER 6.95

Heineken, Becks or Greek

FOUNTAIN DELIGHTS

ICE CREAM (1 SCOOP)	2.50
ICE CREAM (2 SCOOPS)	3.50
JUMBO ICE CREAM SODA	4.25
MILK SHAKE	4.95
ICE CREAM SUNDAE	4.95
EGG CREAM	3.95

DESSERTS

FRUIT SALAD	5.95
RICE PUDDING	3.25
JELLO	3.25
BREAD PUDDING	3.25
CHOCOLATE PUDDING	3.25
<i> pudding to go</i>	4.25

HOUSE DESSERTS

BAKLAVA <i>with honey & walnuts</i>	6.95
APPLE PIE	5.95

A LA MODE 1.50 EXTRA

BEVERAGES

COFFEE OR TEA	2.25
DECAFFEINATED COFFEE	2.50
GREEK COFFEE	2.75
ICED COFFEE OR ICE TEA	2.50
MILK	2.95
CHOCOLATE MILK	3.95
HOT CHOCOLATE	2.50
SOFT DRINKS	2.50
OUR FRESH HOMEMADE LEMONADE	2.50

ESPRESSO	2.95
CAPPUCCINO	4.95

FRAPPE <i>Greek Iced Coffee</i>	4.95
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SHARING CHARGE 5.95 EXTRA
 AMERICAN EXPRESS, VISA AND MASTER CARD ACCEPTED
 MANAGEMENT RESERVES THE RIGHT TO ARRANGE SEATING & TO REFUSE SERVICE TO DISORDERLY PERSONS
 Food photos are for suggestion only. Actual dishes may be different!

TO ALL OUR VALUED CUSTOMERS ...
We at The Alpine want to thank you for your loyalty and support. We will continue to provide the excellent food and service that you have been accustomed to for over twenty years. You are the ones that truly make Alpine a family restaurant. We hope that you will remain a part of the Alpine Extended Family for many years to come.

*with appreciation,
Teddy and Staff*

Alpine Restaurant

11 FRANKLIN AVENUE
FRANKLIN SQUARE, NEW YORK